



Hackensack Meridian
Long Term Acute Care Hospital

Long Term Acute Care Hospital at Raritan Bay



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Community Health Improvement Plan

2026-2028

The Hackensack Meridian Long Term Acute Care Hospital at Raritan Bay

Hackensack Meridian Long Term Acute Care Hospital (LTACH) at Raritan Bay opened its doors in September, 2022 occupying one floor within Raritan Bay Medical Center. It provides specialized care for patients with complex needs who require a longer length of stay in an acute care hospital. Committed to providing compassionate care, our private rooms on a dedicated floor allow for more personalized support. Our interdisciplinary care team includes physician specialists, certified registered nurses and technicians, certified respiratory therapists, dietitians, social workers and rehabilitation therapists. With daily physician visits, 24/7 emergency physician coverage and access to all hospital services, patients receive around the clock care. LTACH at Raritan Bay saw its first patient in September 2022 and has an average length of stay of 25 days.

LTACH at Raritan Bay offers a variety of specialty programs to address unique patient care needs, including:

State-of-the-Art Pulmonary Program

- Ventilator weaning
- High flow weaning
- Bipap weaning
- Chest tube management
- Respiratory rehabilitation
- Daily visits by Pulmonologists
- Continuous 24/7 monitoring by Respiratory Therapists
- Advanced Cardiac Care Program

Congestive heart failure management and education

- Post-care for open heart patients
- Antiarrhythmic IV infusions
- Telemetry monitoring
- Extensive Wound Care Program

Treatment of non-healing surgical wounds, pressure ulcers and diabetic ulcers

- Surgical debridements
- Wound vacs
- Wound care management

Sepsis Treatment

- Early intervention
- Sepsis protocol
- Fluid resuscitation
- Vasopressor therapy
- Antibiotic therapy
- Thorough monitoring by infectious disease specialists

Dialysis

- Bedside hemodialysis
- Dialysis nurses

About Hackensack Meridian *Health* - Keep Getting Better

Hackensack Meridian *Health* is a leading not-for-profit health care organization and New Jersey's largest, most comprehensive, and integrated health network. Our network includes 18 hospitals, more than 500 patient care locations, and a complete range of services from innovative research and life-enhancing care to lifesaving air medical transportation. Our 38,000 team members and 7,000 physicians are committed to the health and well-being of the communities we serve, making Hackensack Meridian *Health* a distinguished leader in healthcare philanthropy.

CHNA Background

In alignment with the Affordable Care Act (ACA), the Internal Revenue Service (IRS) and applicable federal requirements for not-for-profit hospitals, Hackensack Meridian LTACH at Raritan Bay completed a comprehensive Community Health Needs Assessment (CHNA) that was adopted by the Hackensack Meridian *Health* Board of Directors on December 10, 2025.

The Long Term Acute Care Hospital at Raritan Bay 2025 CHNA was conducted by Professional Research Consultants, Inc (PRC) for Hackensack Meridian *Health* to identify needs within the hospital's service area. The assessment incorporates data from multiple sources, including primary research (through the PRC Community Health Survey and PRC Online Key Informant Survey) as well as secondary research (vital statistics and other existing health-related data). To supplement the other data collections, Hackensack Meridian *Health* engaged Moxley Public Health to conduct primary data collection through qualitative focus groups with community members from priority populations. The purpose of these focus groups was to gather qualitative insights into community health priorities, access to and utilization of health care services, maternal and infant health, and perspectives on care for all.

In addition to assessing health indicators, the 2025 CHNA took a close look at social drivers of health (SDoH) such as food insecurity, housing, transportation, education, and other factors.

The complete CHNA report can be found at <https://www.hackensackmeridianhealth.org/en/About-Us/community-health-needs-assessment>

Determining Community Health Priorities

Hackensack Meridian *Health* conducted virtual community forums in the Northern, Central, and Southern regions of the network service areas with representatives from each hospital and key community stakeholders during July 2025. During the forums, an overview of the findings from the 2024 CHNA report for each region was shared by PRC, Inc. In reviewing the data from the 2025 CHNA, it is evident that the priorities identified in 2024 remain pressing needs. Following the data presentation, HMH Leadership presented the proposed framework for this CHIP and led the prioritization discussion in the breakout groups. Sixty three people participated in the Central Region Community Partner Forum on July 16, 2025 representing agencies and institutions throughout the region, representing diverse perspectives.

The final network priority areas are – **Mental Wellbeing, Healthy Living, and Access to Care.**

Prioritized Health Needs Summary



Community Health Improvement Plan (CHIP)

The intent of our CHIP is to be responsive to community needs and expectations and create a plan that can be effectively executed to leverage hospital and network resources, as well as community partners.

A CHIP is a dynamic rather than a static plan and should be modified and adjusted as external environmental factors change, including market conditions, availability of community resources, and engagement from community partners. Furthermore, a CHIP should build on and leverage prior success while simultaneously adjusting strategies and actions as obstacles are encountered.

The following defines the types of programmatic strategies and interventions that guided the development of the Community Health Improvement Plan.

- **Prevention and Awareness:** Health promotion and disease prevention programs focus on keeping people healthy. These initiatives aim to engage and empower individuals and communities to choose healthy behaviors and make changes that reduce the risk of developing chronic diseases and other morbidities.
- **Build Capacity:** Efforts which aim to help individuals navigate the healthcare system and improve access to services when and where they need them.
- **Strengthen Community Partnerships:** Includes collaborations, partnerships, and support of providers and community organizations across multiple sectors.

Significant Health Needs That Will Not Be Addressed

LTACH at Raritan Bay acknowledges the wide range of health issues that emerged from the 2025 CHNA process. It is important to note that there are community health needs identified through LTACH at Raritan Bay's 2025 CHNA process that were not prioritized for inclusion in this CHIP. As a specialty rehabilitation hospital, LTACH at Raritan Bay's CHIP includes priorities from the 2025 CHNA that are the most pressing and under-addressed, and within its ability to influence. Therefore, the priority areas of Mental Wellbeing and Access to Care, while network-wide priorities, are not included as a priority area for LTACH at Raritan Bay. Additionally, based on the LTACH at Raritan Bay's limited scope of services, there are several needs identified under the priority area, healthy living, which will not be addressed. The following Healthy Living needs were identified in the 2025 CHNA process for LTACH at Raritan Bay, but are not prioritized for this CHIP:

- Healthy Living:
 - Cancer- (Leading Cause of Death, Cancer Deaths, Including Female Breast Cancer and Colorectal Cancer Deaths, Prostate Cancer Incidence, Cervical Cancer Incidence)
 - Diabetes
 - Heart Disease and Stroke- (Leading Cause of Death, Stroke Prevalence, High Blood Cholesterol Prevalence)
 - Injury and Violence- (Unintentional Injury Deaths, Homicide Deaths, Intimate Partner Violence)
 - Nutrition, Physical Activity & Weight- (Food Insecurity, Overweight & Obesity- Adults and Children)
 - Oral Health- (Regular Dental Care)
 - Tobacco Use- (Cigarette Smoking, Cigarette Smoking in the Home, Use of Vaping Products)

Because LTACH at Raritan Bay is a specialty hospital with limited resources, the organization does not have the bandwidth to have meaningful direct and positive impact on the range of mental wellbeing, healthy living, and access to care needs identified in the CHNA, in the short or long term. LTACH at Raritan Bay remains open and willing to continue to work with hospitals across the HMM network and other public and private partners to address issues impacting mental wellbeing, healthy living, access to care, and other facets of health and wellbeing as opportunities arise.

The 2025 CHNA for LTACH at Raritan Bay identified the following sub-priority within the Healthy Living priority area. The LTACH at Raritan Bay is a long-term acute care facility located on one floor of its host hospital, Raritan Bay Medical Center. Based on the LTACH at Raritan Bay’s status as a long term acute care facility, the hospital has chosen to focus its capabilities on this sub-priority, which was determined based on areas of opportunity uncovered through the CHNA process.

Priority Area: Healthy Living

The 2025 CHNA for LTACH at Raritan Bay identified the following sub-priority within the Healthy Living priority area.

Sub-priority identified from the 2025 CHNA:

- Respiratory Disease

Priority Area: Healthy Living		
Goal: All people will have access to chronic disease education, screening, and management services to achieve an optimal state of wellness		
	Objectives	Strategies/ Action Steps
Prevention and Awareness	<ul style="list-style-type: none"> • Equip individuals with the tools to understand chronic health conditions • Build a healthier, more resilient community 	<ul style="list-style-type: none"> • Organize lectures/trainings related to chronic health conditions
Build Capacity	<ul style="list-style-type: none"> • Enhance ability to deliver care with greater impact and efficiency 	<ul style="list-style-type: none"> • Offer care delivery options • Bridge the gap between acute and ambulatory services ensuring a seamless transition of care