



# EAST MOUNTAIN SCHOOL EXTENDED SCHOOL YEAR PROGRAM SUMMER 2026

## Prepare for your Fall Session Now

Set on a sprawling 100-acre campus in a peaceful, natural setting at the foothills of the Sourland Mountains, East Mountain School offers a truly unique environment for growth, healing and learning. This summer, we invite students in grades 7 - 12 to join our six week summer program designed specifically for adolescents with behavioral challenges and psychiatric needs. Surrounded by open space and a supportive community, students benefit from a setting that encourages both academic focus and emotional well-being.

Our summer program blends structured academic support with engaging, therapeutic activities to help students strengthen core skills, build confidence and stay connected to their learning. With a strong emphasis on social-emotional development, students gain tools to improve self-awareness, relationships and resilience - all while having fun along the way. Backed by high-quality special education, our program is thoughtfully designed to support each student's continued academic success and personal growth throughout the summer months.

### OUR EXTENDED SCHOOL YEAR (ESY) PROGRAM FEATURES:

- Academic reinforcement and targeted learning to keep student on track
- Enrichment and practice in core subjects and skills through hands-on learning
- Opportunity for credit recovery (with district approval)
- Elective classes in areas including physical education, art, cosmetology, music and others
- Outdoor activities on our 100+ acre scenic campus
- Building social skills and confidence through small group activities and teamwork projects
- Exposure to mindfulness skills, including stress reduction and management behavioral modification techniques
- Individual and group counseling, and interaction with community resources and support agencies
- Healthy meals are offered with the ability to meet dietary needs from our on-site food service team
- Prepare your child for the Fall and the 2026-2027 school year with our six week program

**DATES:**  
July 6 through August 14

**GRADES:**  
7 through 12

**TIME:**  
Monday through Friday  
9 a.m. - 2:15 p.m.

**LOCATION:**  
East Mountain School  
(all sessions are in person at the school)

**CONTACT:**  
Kristen Rosati, Program Coordinator  
Call 908-281-1494 or email  
kristen.rosati@hmn.org

*This program is open to existing and NEW students. New students are always welcome at EMS.*

**Call us today for information and student referrals.  
908-281-1494**

East Mountain School  
252 County Road 601  
Belle Mead, NJ 08502  
908-281-1415