

HOW TO ENROLL:



Download on the App Store

Vis HI

Visit us at HMHNOW.org *Health* benefits and their enrolled dependents.

You will need to download and enroll in the new HMH NOW telemedicine app using **your personal email address**.

The **HMH NOW app** offers no-cost urgent care video visits with doctors

for all HMH team members currently enrolled in Hackensack Meridian







Go to the App Store on your device (or visit **HMHNOW.org** from a computer). Type in the search bar "**HMH Now**" and download the app.



	• —
10:14 Cancel	না হু 🕬
PLEASE ENTER	SOME INFORMATION TO GET STARTED
First Name	
Last Name	
Date of Birth	1
Email	
	<u>Continue</u>
_	

Fill out First Name, Last Name, Date of Birth, and your personal email address. Click **Continue**.



Enter a username (or keep email as username) and create a password. Keep this information in a safe place. Check the terms and conditions and Privacy Policy and click **Continue**.





	• —		
10:15			
+	Create Account		
If you ever r need to ask	need to reset your password, we will you a couple of simple questions.		
QUESTION 1			
Select Quest	ion	>	
Enter Ans	wer		
QUESTION 2			
Select Quest	ion	>	
Enter Ansi	wer		
	Create Account		

Choose and answer 2 security questions. Click **Create Account**.

10:15	•	
+	Lets Get Started!	
PATIENT		
Anderson		
Milton-Te	st	
1/26/1980)	
GENDER		
Select Ge	ender	
INFO		
dlee@tela	adochealth.com	
	Continue	
	\frown	

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Select gender and click Continue.



Note: If you have a PeopleSoft ID, are enrolled in HMH benefits and want to register for yourself or your enrolled dependent, select "I am an HMH team member with a PeopleSoft ID". If you have a PeopleSoft ID and are enrolled in HMH benefits, you will not need to enter a registration code or a coupon code to receive free visits. If you do not have a

PeopleSoft ID, but are enrolled in HMH benefits and want to register yourself <u>or</u> <u>your enrolled dependent</u>, select "I am an HMH team member with a registration code". Enter the one time registration code "CARENOW2022" when prompted to receive free visits.



	•			
10:16				
	Setup Wizard			
Close	Medical Info	Next		
ARE YOU TA	KING ANY MEDICATIONS?			
Add new me	\oplus			
DO YOU HAVE ANY ALLERGIES?				
Add new alle	ergy	Ð		
DO YOU HAV	VE ANY MEDICAL CONDITIONS	3?		
Add new co	ndition	Ð		
SOCIAL HIST	TORY			
Do you drink	alcohol?	Yes No		
Do you use n	ecreational drugs?	Yes No		
Do you smok	ke or use tobacco?	Yes No		
Are your imm	nunizations up to date?	Yes No		
Have you trav last 2 months	veled out of the country in the	Yes No		

Choose the appropriate answer and click **Continue.**

Fill out patient & medical information.



Choose the appropriate answer regarding Primary Care Physician and click **Done.**

Choose the **go back** icon in the top left corner and begin to **Request a Visit**.