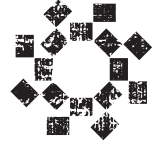


PROJECT HEAL

A community partnership
to Help, Empower and Lead



Quarterly Report MARCH 2022

This project was supported by Grant Number 2020-V2-GX-0041, awarded by the Office for Victims of Crime, Office of Justice Programs, U.S. Department of Justice. The opinions, findings, and conclusions or recommendations expressed in this product are those of the contributors and do not necessarily represent the official position or policies of the U.S. Department of Justice.



To our supporters,

Project HEAL celebrated its first anniversary on March 1st. This momentous occasion provided an opportunity to reflect on the highs and lows, the difficulty and growth over the last 365 days. It is truly a humbling experience to compare where the program started and where it is today.

A new program takes time to plan and develop. It requires time to build a strong foundation for success. Project HEAL, along with the rest of the world, was thrown a curve ball called Covid-19. Delays and barriers were ever present and time was not on our side. However, we were lucky enough to have the right support, the right environment and the right team in place. We never wavered in our commitment to provide much needed resources to the community's survivors of violence. Thank you Kristen, Patricia, Randy, Tracy, Krista, Chris, Kristina and Valerie for being the most dedicated and loyal team that anyone could ask for.

As a result of the team's amazing work and fierce passion to serve, Project HEAL was recently awarded a \$500,000 grant to expand services further into the community for at-risk youth ages 13-20. Project HEAL will partner with Triumphant Life Church of Fort Monmouth to link youth and their families with support, trauma-informed services and resources needed.

A special thank you to those that have supported this effort to date including the leadership at Jersey Shore University Medical Center, Project HEAL's Program Evaluation team led by Dr. Sheetal Ranjan, Senator Vin Gopal, Office of the Monmouth County Prosecutor, Asbury Park Police Department, Asbury Park Department of Social Services, Asbury Park Library, Brookdale Community College and the Boys & Girls Club of Monmouth County.

Building upon our effort to cultivate strong community partnerships and deliver resources to those in need, Project HEAL is hosting our first community event to highlight National Crime Victims' Rights Week. Project HEAL partnered with the Office of the Monmouth County Prosecutor, City of Asbury Park, Asbury Park Public Library, WeBuildNJ and the Asbury Park Kiwanis Club to celebrate the progress achieved in the victims' rights movement, raise awareness of victims' rights and services and stand with those whose lives have been forever altered by crime. We invite you to join us on Friday, April 29th, 2022 at 5:30PM in Springwood Ave Park, Asbury Park.

In closing, we thank and appreciate you, our supporters, for helping Project HEAL spearhead these initiatives to reduce violence in Monmouth County. Most importantly, the Project HEAL team wholeheartedly thanks our clients, who continue to put faith in our team and trust us to be a part of their healing journey. We are forever humbled and grateful.

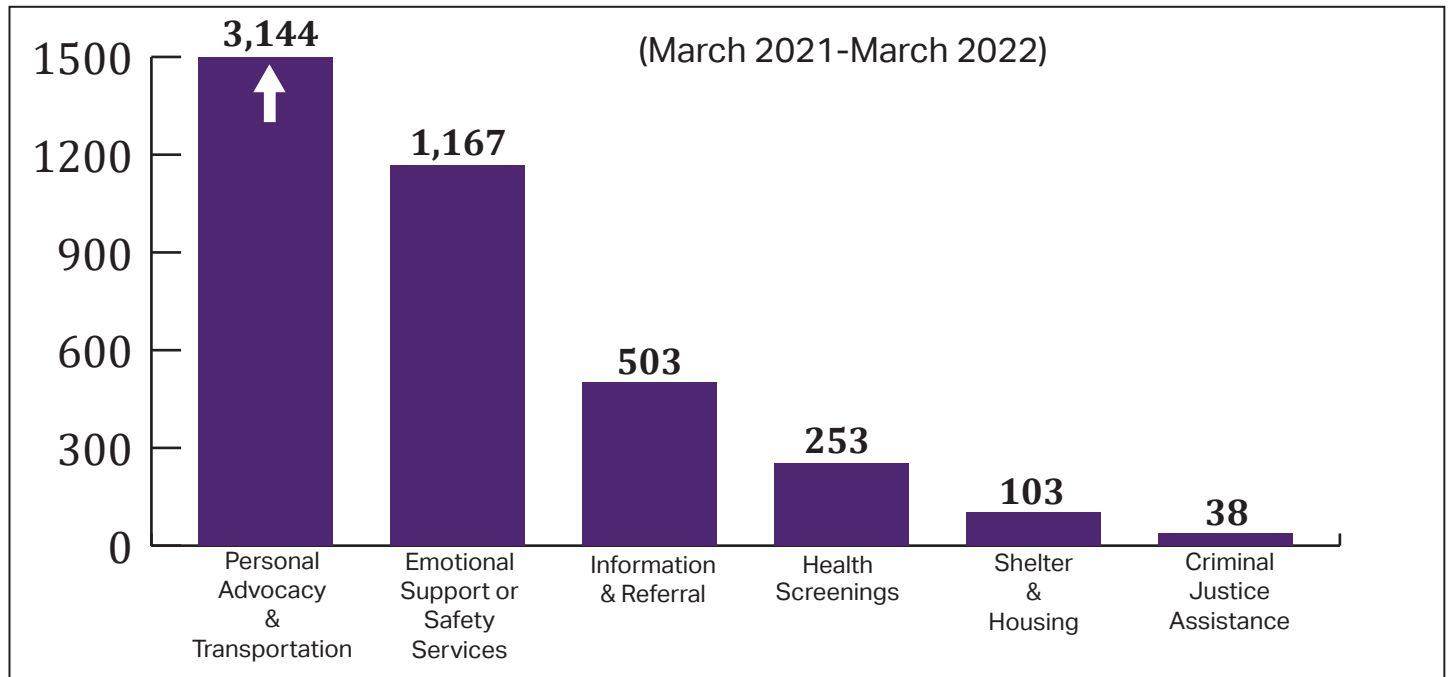
With warm regards,

Lisa McDermott, LCSW, LCADC
Clinical Program Manager

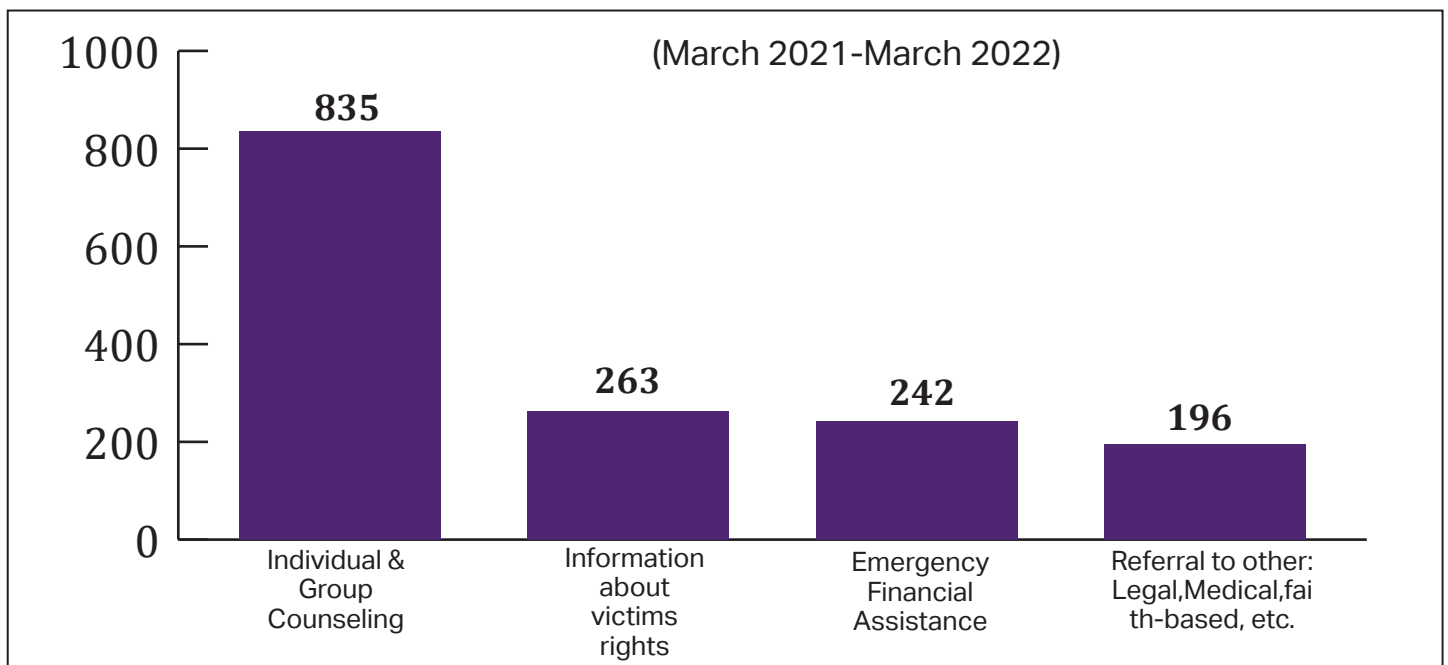
Ramon Solhkhah, MD, MBA
Interim Medical Director, Project HEAL
Chair, Dept of Psychology JSUMC

Year in Review

Project HEAL served **178 clients** in its first year full year, who engaged in a variety of services. **Personal Advocacy** made up the majority of services with **60%**. As noted in previous reports, this is inflated by transportation services, which is an **essential catalyst for support and case management**.



Emotional Support or Safety Services made up **22% of services for clients**. Trauma-informed individual counseling sessions (**835**) remain essential to clients in their recovery from multiple incidents of violence. Clients were also provided with **242 instances** of Emergency Financial Assistance, nearly **263 instances** of informing of Victims Rights, **253 Health Screenings** and **196 referrals** to other legal, medical, and faith-based services.



Trainings

These trainings were attended by funded staff, and any fees associated were funded by The Victims of Crime Act (VOCA)

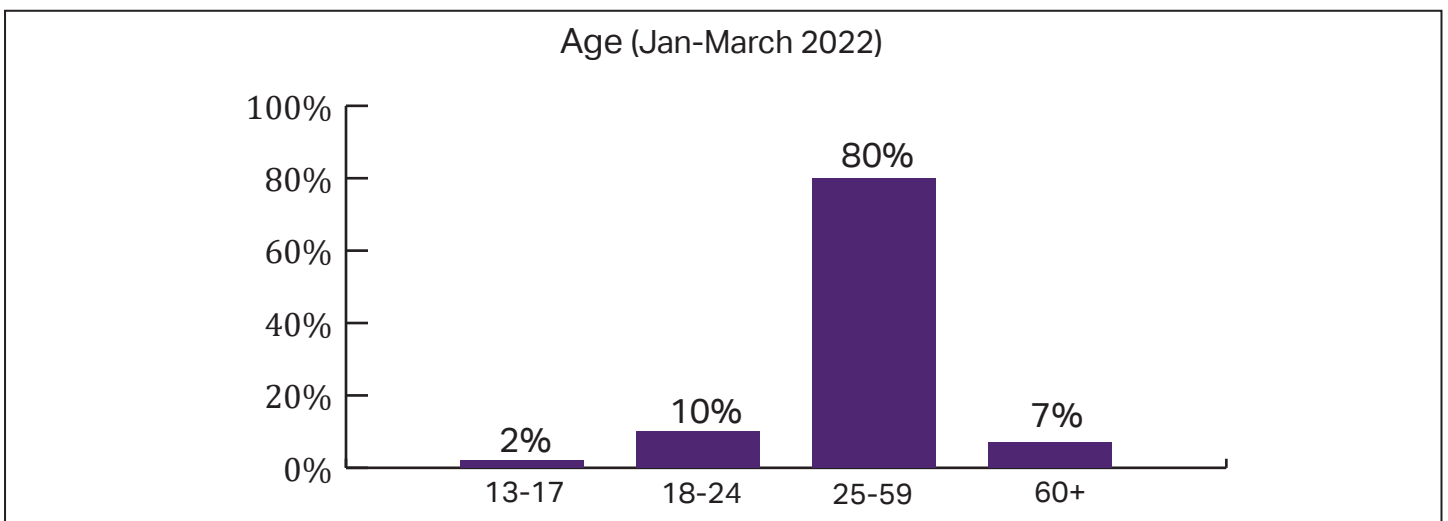
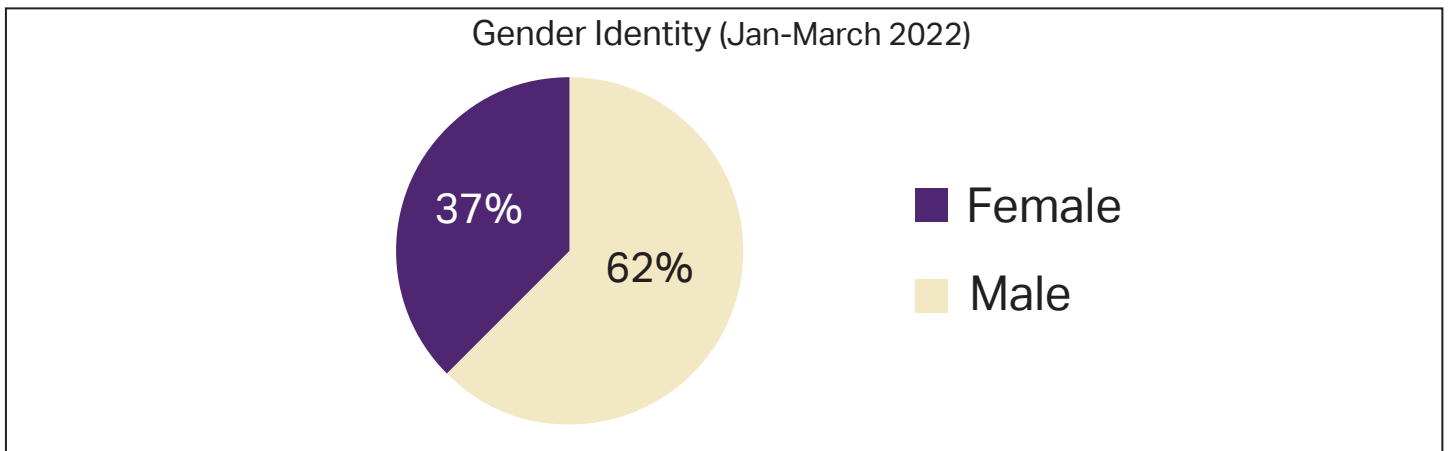
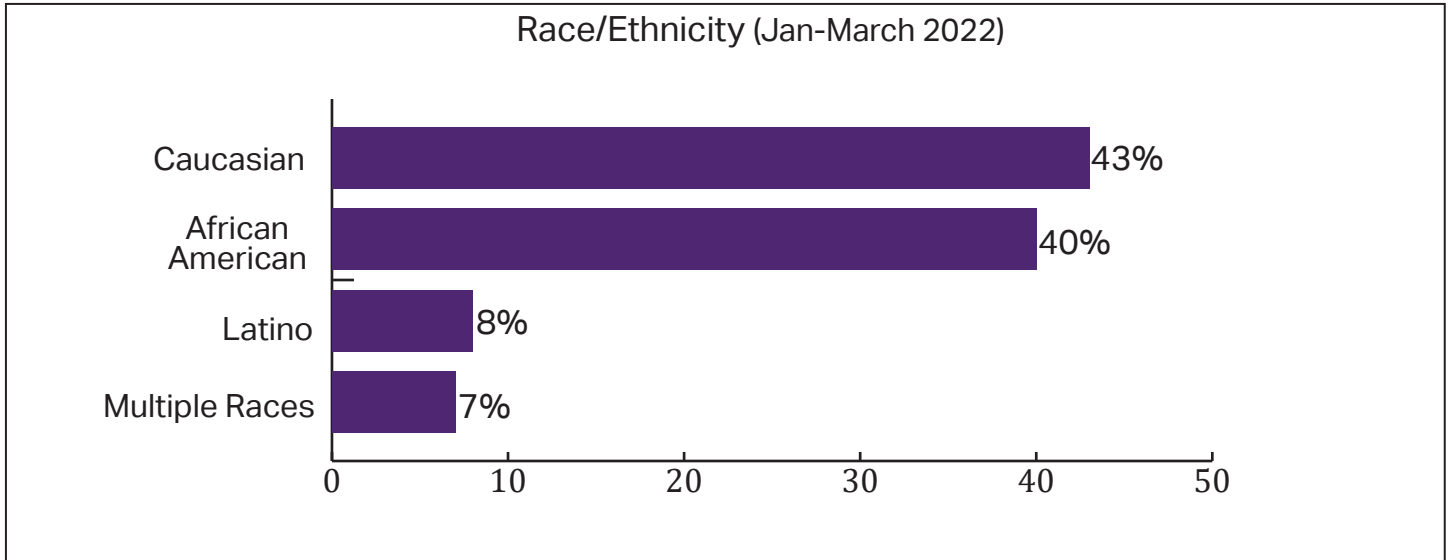
- **Recovery Centers of America Academy** - "Trauma and Substance Use Disorders" 3 staff members, 1/13/22
- **Recovery Centers of America Academy** - "Intervention Theories and Practice" 3 staff members, 1/26/22
- **Rutgers University School of Social Work** - "Human Trafficking Awareness-The Impact of COVID-19 on Service Delivery" 1 staff member, 1/26/22
- **Rutgers Robert Wood Johnson Medical School Grand Rounds** - "Gun Violence in America" 2 staff members, 2/9/22
- **Rutgers University School of Social Work** - "Managing Change" 1 staff member, 2/11/22



- **National Gang Center** - "Community Violence Intervention: Coordinating a Comprehensive Response" 2 staff members, 2/23/22
- **Rutgers University School of Social Work** - "Individual Treatment Approaches in Working with Trauma" 2 staff members, 2/23/22
- **Office of Juvenile Justice and Delinquency Prevention** - "Raising the Bar on Juvenile Reentry: Ways Probation Officers Use Data" 1 staff member, 2/24/22
- **Lockey Maisonneuve** - Trauma Informed Yoga Workshop-All staff in attendance, 3/1/22
- **Northwell Health** - "Gun Violence Prevention Learning Collaborative for Health Systems and Hospitals Session" 1 staff member, 3/1/22
- **Recovery Centers of America** - "Substance Use Disorder" Training, all staff members present, 3/23/22
- **Rutgers School of Social Work** - "Trauma Informed Care for Immigrant Victims of Domestic Violence" 2 staff members, 3/31/22

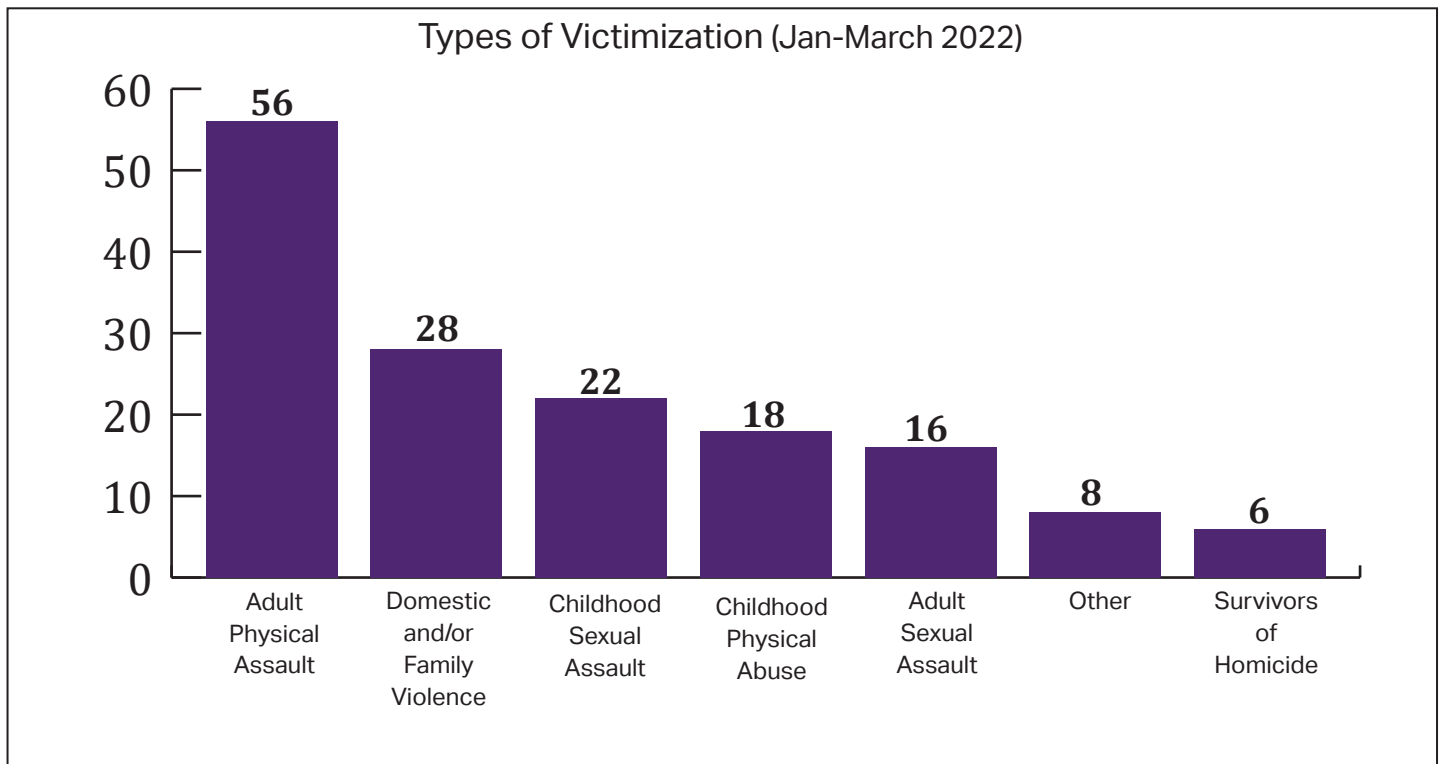
Client Demographics

Of the **58 new clients** served this quarter, **more than half were male**. The majority of clients were between the **ages of 25 to 59**. Just under half of clients were **Caucasian (43%)**, 35% were African American, with 8% being Latino and 7% reporting Multiple Races.

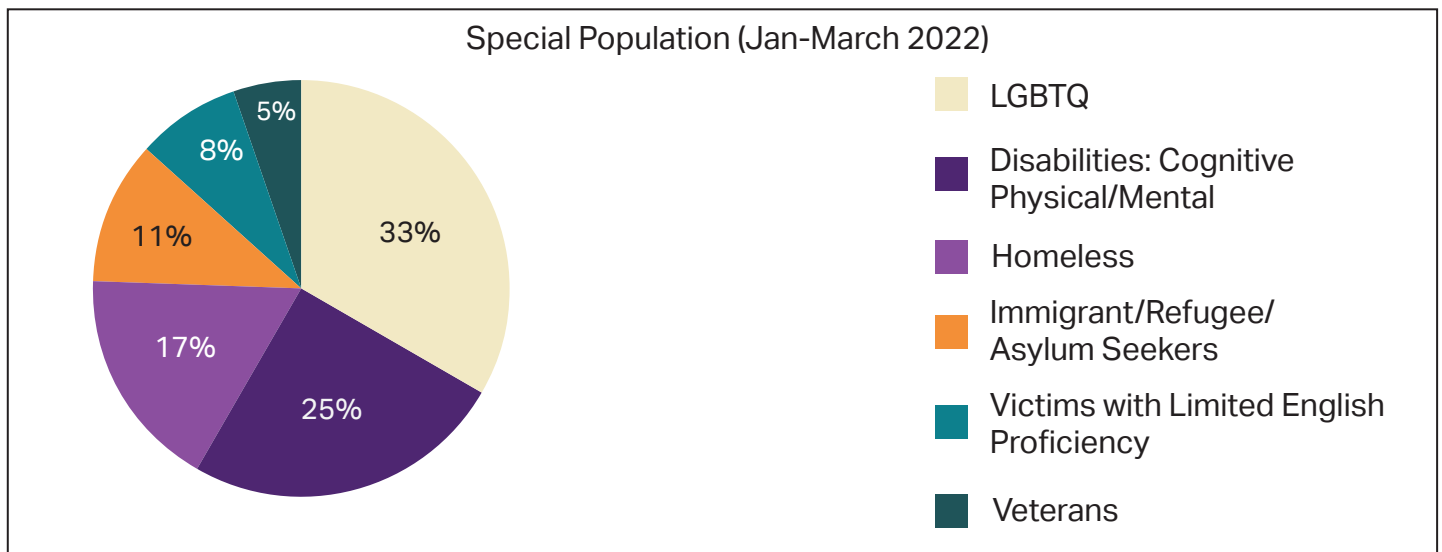


Client Demographics

Of the **88 total clients** served this quarter, **66% presented more than one type of victimization.**



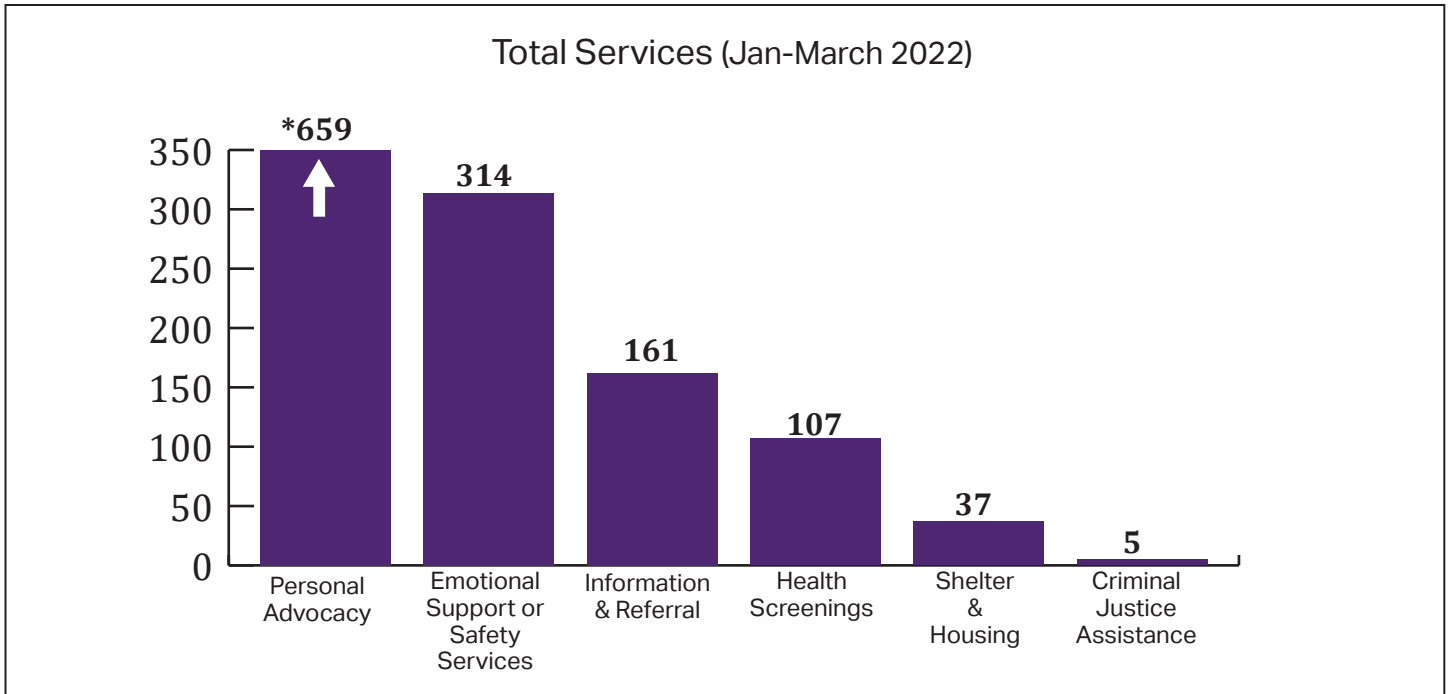
The most widely reported victimization type experienced by new clients was **Adult Physical Assault (36%)**. **Domestic/Family Violence** accounted for **18%** and **25%** reported some type of **abuse during childhood**, whether **physical abuse, sexual abuse, or neglect**.



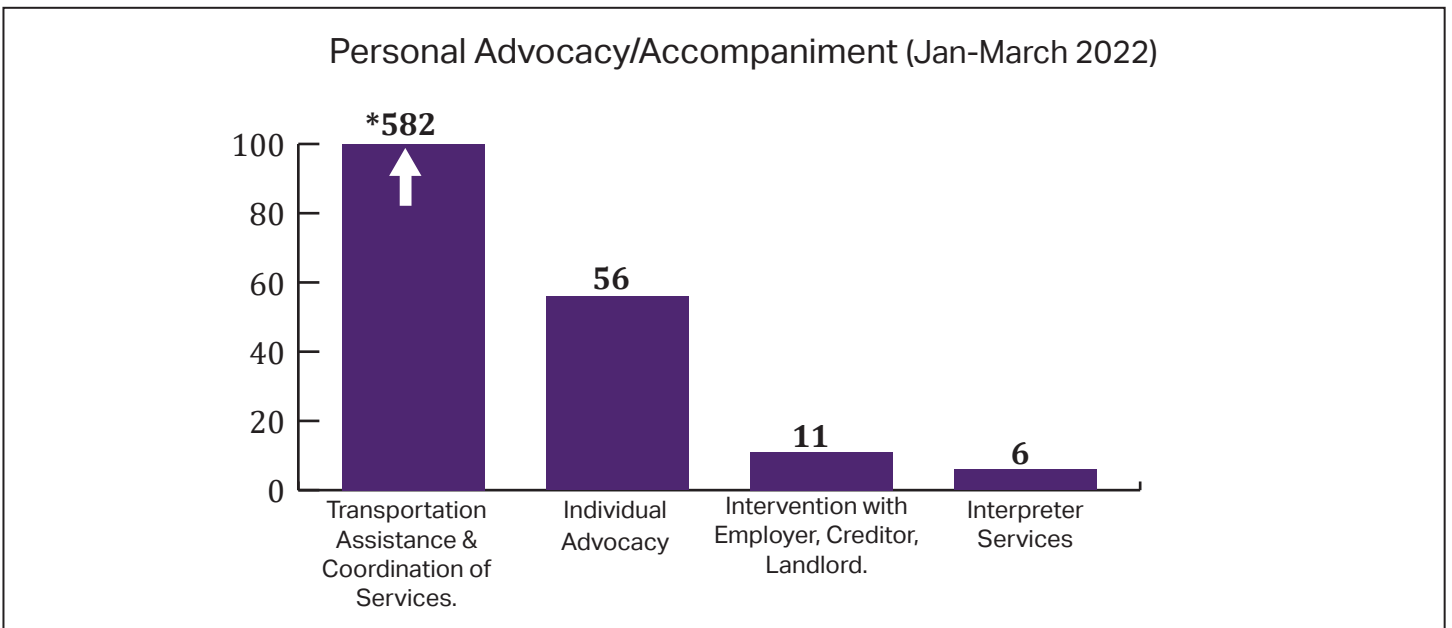
Of the 88 clients served, **41% of them were categorized as special population.**

Direct Services

Emotional Support and Safety Services made up **24%** of **total services** this quarter. The team conducted **234 Individual Counseling and Therapy Group Sessions**, which accounted for **75%** of Emotional Support and Safety Services category. **Crisis Intervention and On-Scene Crisis Response** saw an uptick in services with **19**.

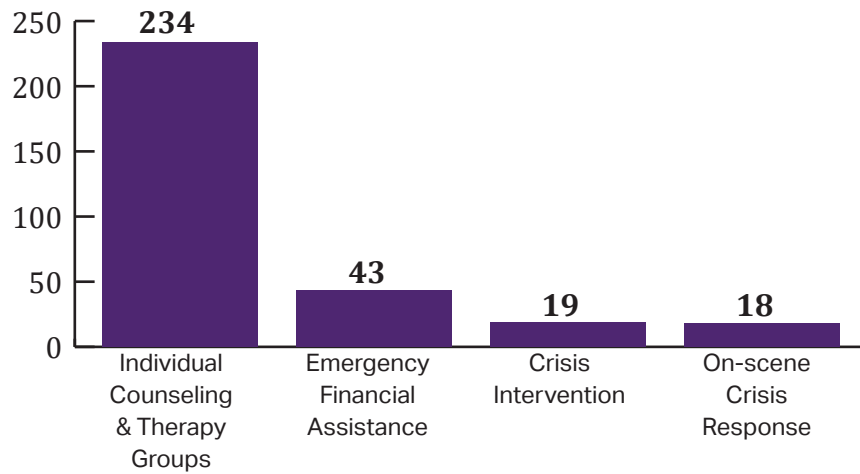


Intensive Case Management Services including Coordination of Transportation made up the **93%** of the **Personal Advocacy category**, which made up **76%** of **total services**. **Individual Advocacy** saw clients receive assistance in applying for public benefits, return of personal property, assistance with doctors appointments, and interventions with employers and landlords.

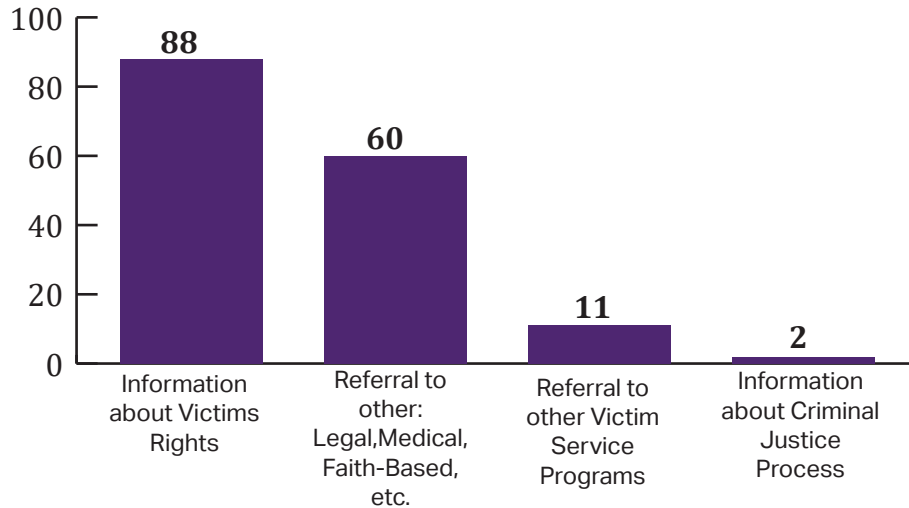


Direct Services

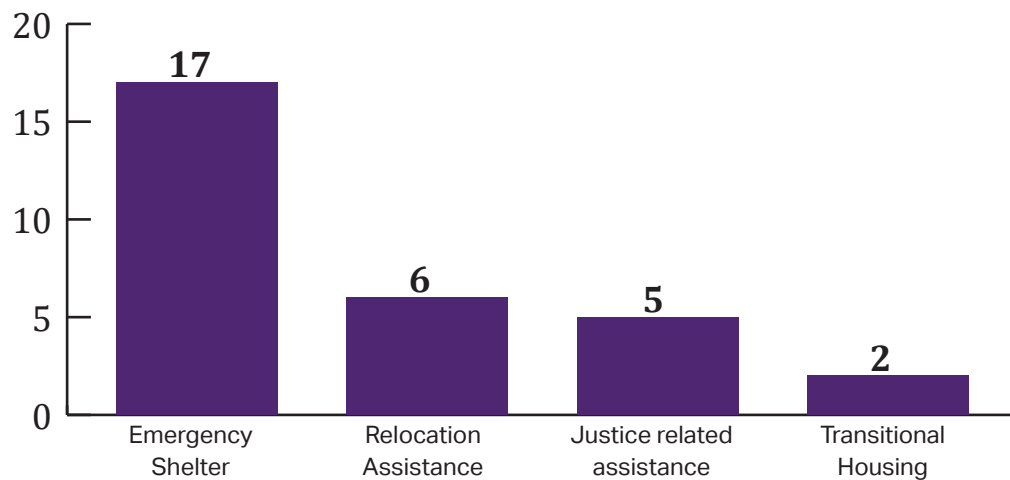
Emotional Support or Safety Services (Jan-March 2022)



Information and Referral (Jan-March 2022)



Housing & Criminal Justice Assistance (Jan-March 2022)



A Visual Case Story

Objective reporting, including demographics and numbers, remains the centerpiece of Project HEAL's Quarterly Report. Subjective reporting, however, captures the art of healing and is integral in demonstrating the clinical work that successfully aids Project HEAL clients. Below you will find a treatment timeline that represents a client's journey from their intake to success with the support Project HEAL.

