

**PROJECT
HEAL**

A community partnership
to Help, Empower and Lead



2023 Quarter 1 Report

January 1, 2023 - March 31, 2023

To our supporters,

Two years ago, we first opened our doors at Project HEAL. Within weeks of doing so, we received an unexpected phone call. The caller identified himself as gang affiliated and shared information to help prevent a shooting and save a life. The call reminded us that violence is indeed a public health issue and that hospitals – through programs like Project HEAL – can play a critical role in tackling it.

Our team of “HEALers” – as one client recently dubbed us – has worked tirelessly to build on those insights ever since. As a result, we are proud to share that Project HEAL has worked with over 400 survivors of violence, providing them with over 1800 sessions of trauma-informed counseling and thousands of instances of case management and wraparound support over the past two years.

This report provides a snapshot into that work during the first quarter of 2023. In addition to the programming highlighted here, Project HEAL has made several important strides in recent months. It continues to train medical students and resident physicians, published its third peer-reviewed publication in the American Journal of Surgery, was spotlighted by the New Jersey Office of the Attorney General and the United States Department of Justice as a model with meaningful lessons to share, and raised \$3.5 million in new grant funds to enhance its work.

We are deeply grateful to the people and partners across our department, hospital, and health system as well as in the community who have made this possible. We are also in awe of our clients who – despite the trauma, trials, and tribulations they have experienced – get up every day, put one foot in front of the other, and do the work. In doing so, they inspire us to do the same. And for that, we could not be more grateful.



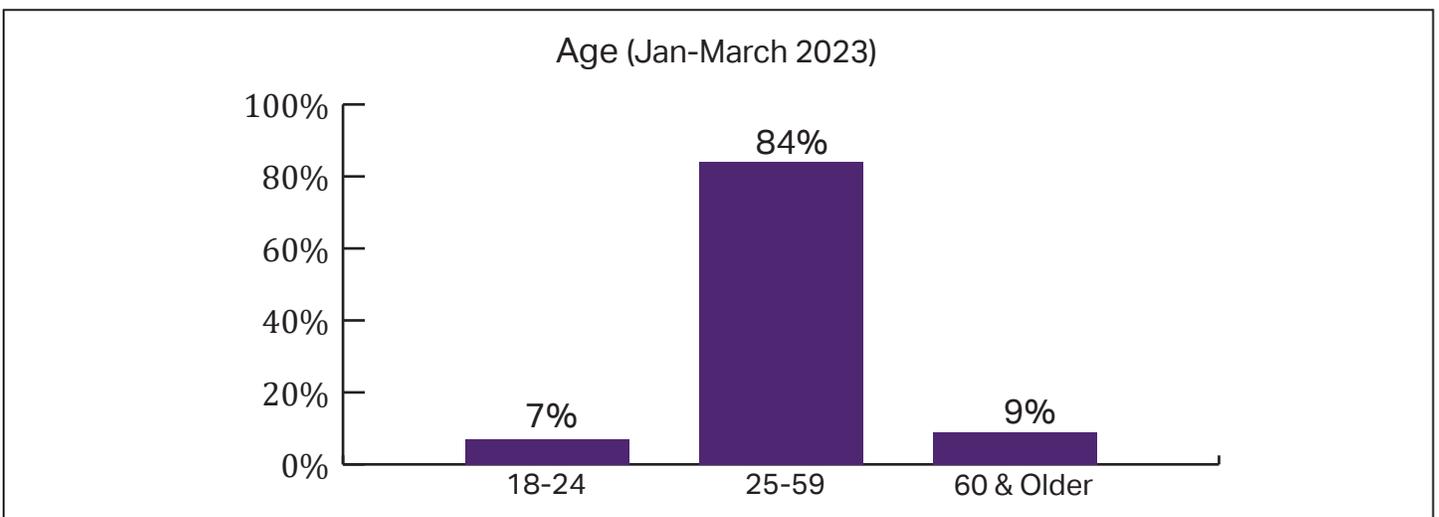
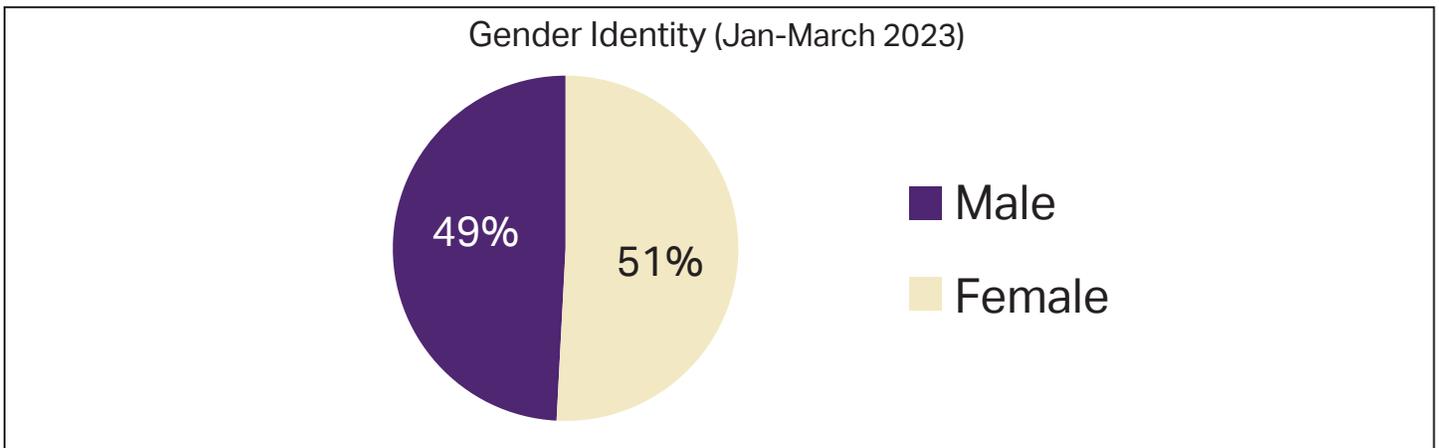
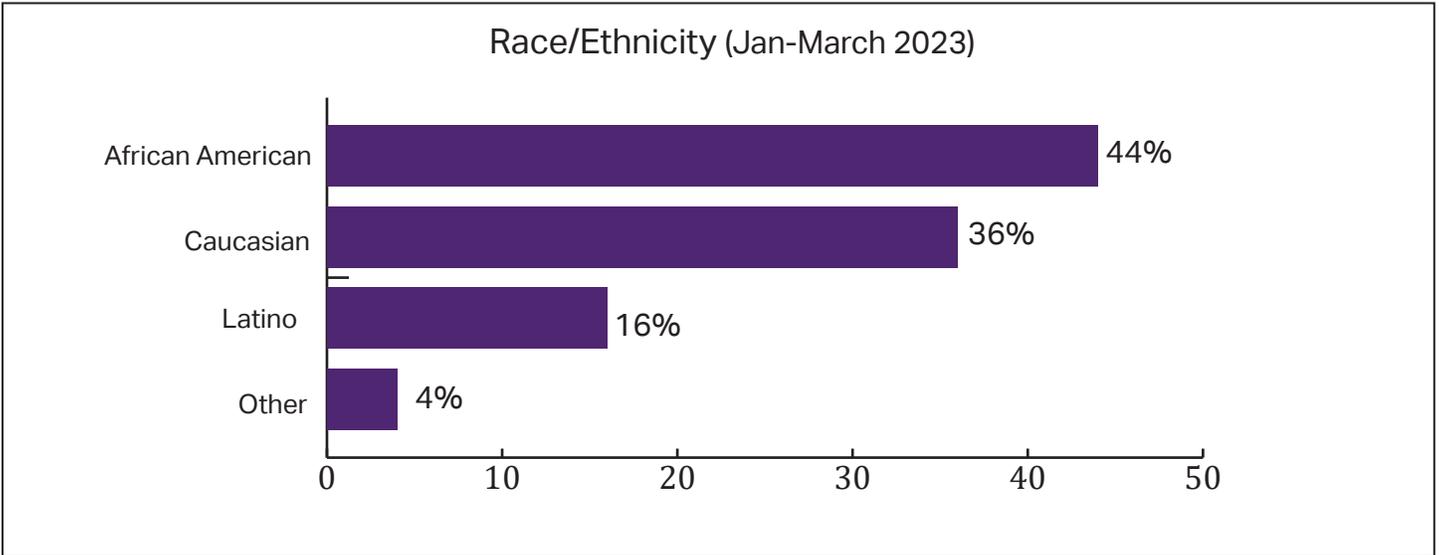
Aakash Shah, MD, MBA, MSc
Medical Director



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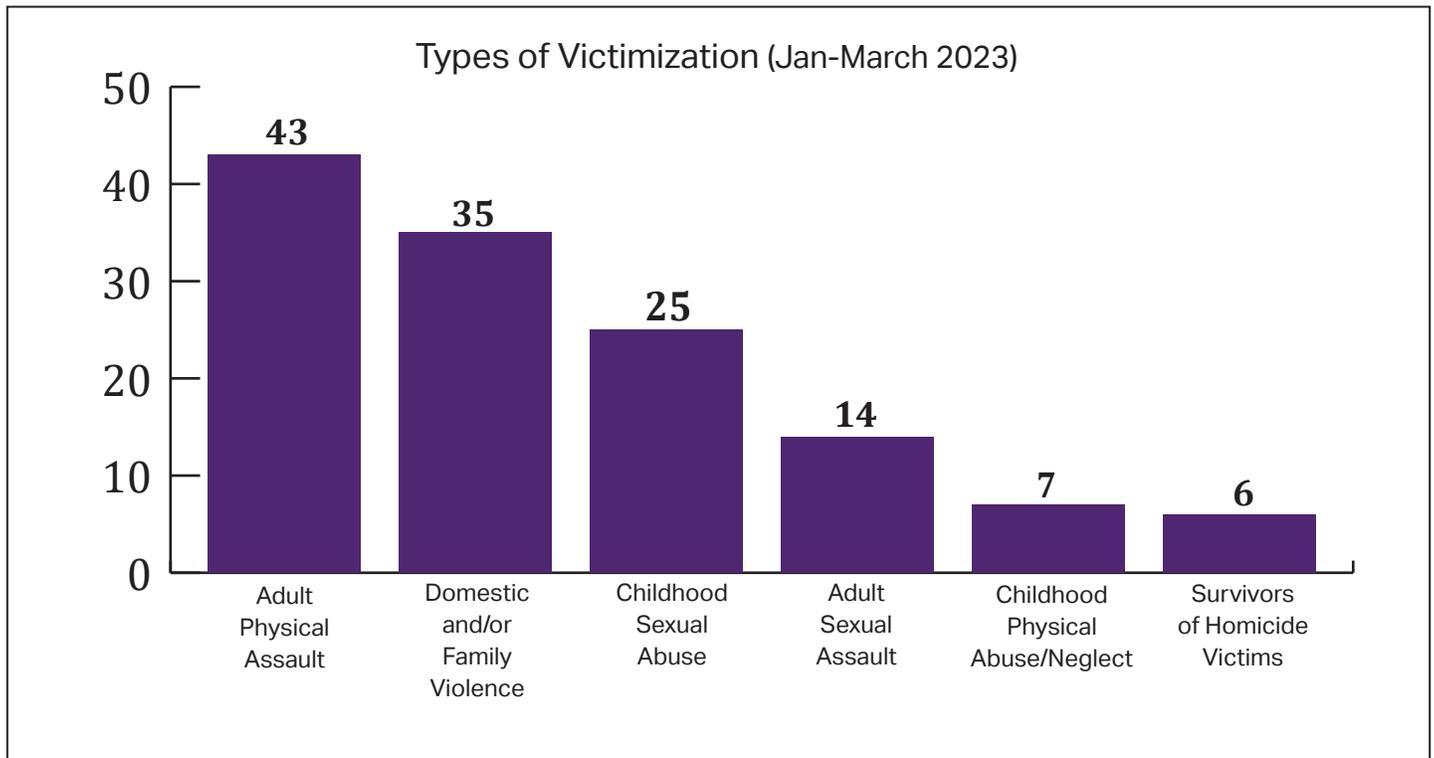
Client Demographics

Of the **45 new clients** served this quarter, **more than half were female**. The majority of clients were between the **ages of 25 to 59**. Clients were predominantly **African American (44%)** and **Caucasian (36%)**, with **16%** reporting being **Latino** and **9%** being **Other**.

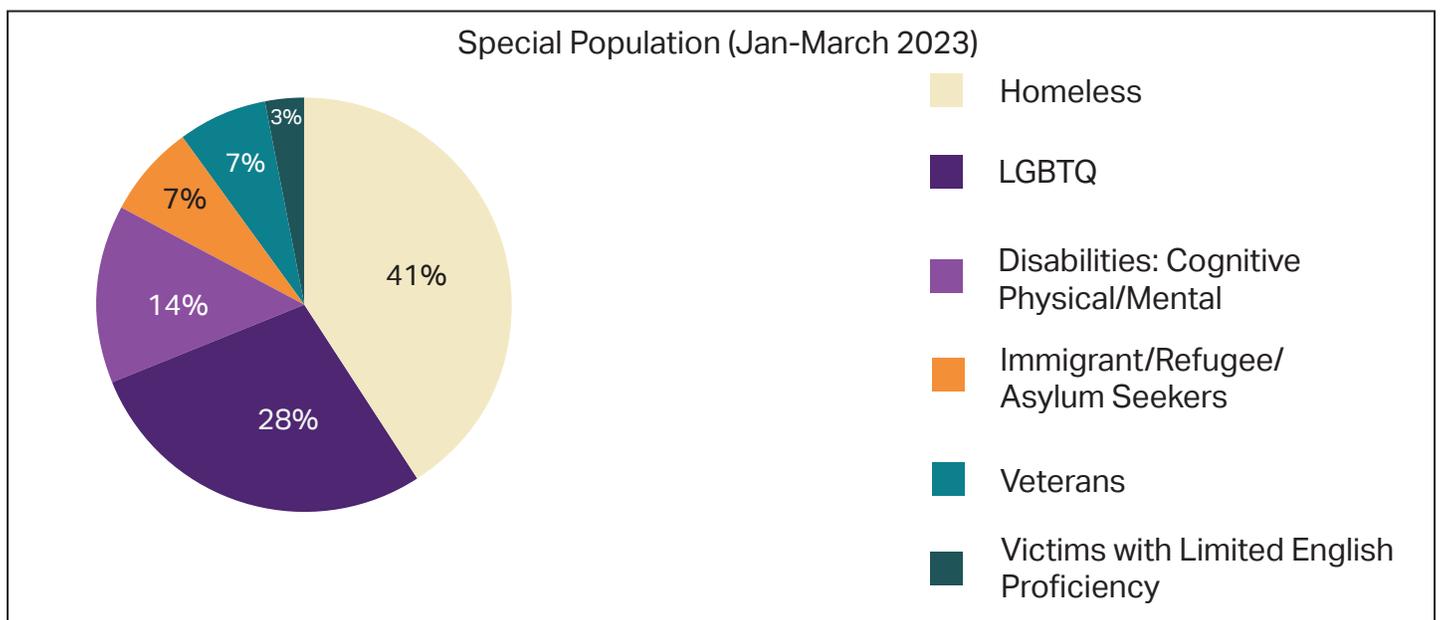


Client Demographics

Of the **79 total clients** served this quarter, **68%** presented with more than one type of victimization.



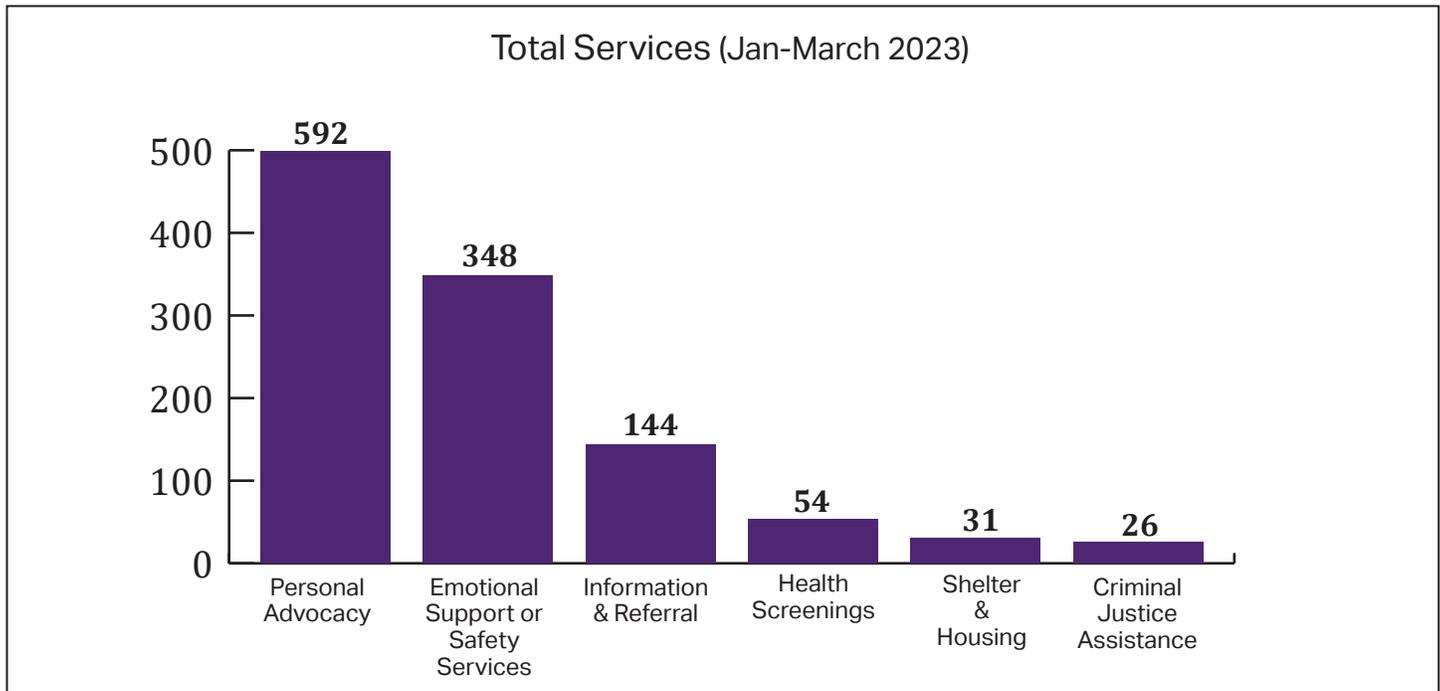
The most widely reported victimization type experienced by new clients was **Adult Physical Assault (29%)**. **Domestic/Family Violence** accounted for **24%**. **Abuse During Childhood** accounted for **22%** and **Adult Sexual Assault** accounted for **9%**.



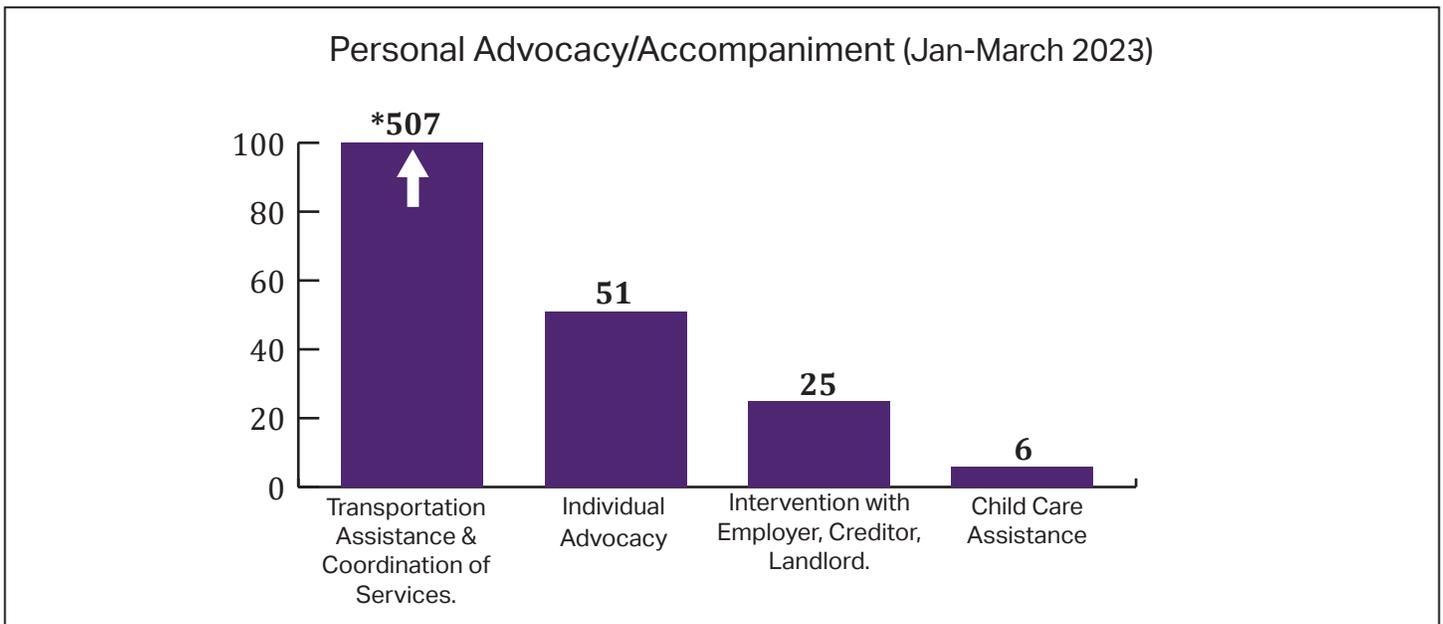
Of the **79 total clients** served, **37%** of them were categorized as special population.

Direct Services

Emotional Support and Safety Services made up **29%** of **total services** this quarter. The team conducted **297 Therapeutic Sessions**, which accounted for **85%** of Emotional Support and Safety Services category. Staff assisted with **Emergency Financial Assistance 37 times** during this quarter.

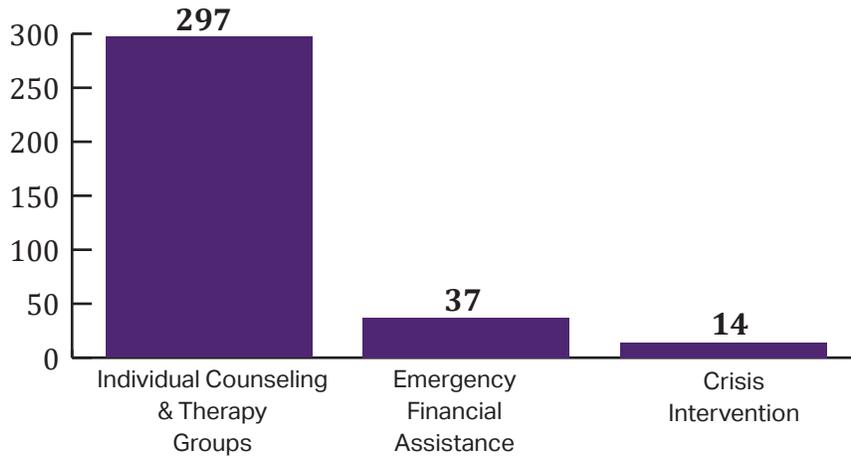


Intensive Case Management Services including Coordination of Transportation made up the **86%** of the Personal Advocacy category. **Individual Advocacy** provided clients with assistance in applying for public benefits, return of personal property, assistance with doctors appointments, and interventions with employers and landlords.

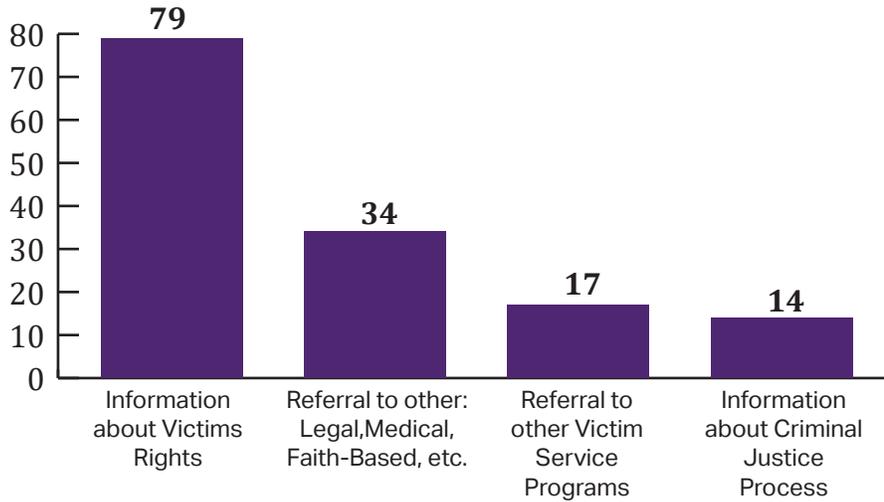


Direct Services

Emotional Support or Safety Services (Jan-March 2023)



Information and Referral (Jan-March 2023)



Housing & Criminal Justice Assistance (Jan-March 2023)

