

Memoris contains allogenge Perinant Pe	Key:						COMMO	N ALL	ERGENS					
PRUIT AND YOGURT Outsget Cheese Pruit Cokkail Pruit Cokkai		Peanut	Tree Nut	Dairy	Egg						Citrus	Mushroom	Garlic	Onion
Appleasure Cottage Chese First Cockrail First Cockr	FRUIT AND YOGURT	Tourat	27007141	<u> </u>		1 1011		209	7727000	<u> </u>	OTEL CIO	111111111111111111111111111111111111111	Guille	0111011
Cottage Cheese														
Fruite Organt Greek Yogart Light Yogart Pare Peach Puree Pear Puree Plain Yogart Raisins Vanilla Yogart Raisins Vanilla Yogart Raisins Vanilla Yogart Raisins Raisins Vanilla Yogart Raisins Raisins Raisins Vanilla Yogart Raisins Raisins Raisins Raisins Vanilla Yogart Raisins Raisins Vanilla Yogart Raisins Raisins Raisins Vanilla Yogart Raisins Raisi														
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Greek Yogurt				-							_			
Light Yogurt														
Peach Purce Plain Yogurt														
Pear Puree Plain Yogurt Raisins Vanilla Yogurt Vanilla Yogurt				•										
Plain Yogurt														
Raisins Vanilla Yogurt INFADA NAU CEREALS I cluck sub roll I limit of li														
Namila Yogurt				•										
BRASIA SAND CREATAS														
6 inch sub roll Bage Banana Muffin Blueberry Muffin Coranders (sequalar show sodium) Creame of Rice Creakers (sequalar show sodium) Creame of Rice Creamy Bananas Danish Danish Danish Danish Blueberry Muffin Blueberry Muffin Blueberry Muffin Blueberry Muffin Blueberry Muffin Brosted Flakes Brobue Chocolate Muffin Blueberry Muffin Brosted Flakes Brobue Blueberry Muffin Brosted Flakes Blueberry Muffin Blueberry Muff	Vanilla Yogurt													
Bagel	BREADS AND CEREALS													
Banana Muffin	6 inch sub roll							-						
Banana Muffin	Bagel													
Bluebery Muffin Cheerios Honey Nut Cheerios Cold Overnight Oats Crackers (regular & low sodium) Crackers (regular & low sodium) Cream of Rice Cream Shananas Danish Dinner Roll English Muffin Frosted Flakes GF Blueberry Muffin														
Cheerios Honey Nut Cheerios Cold Overnight Oats Cornackers (regular & low sodium) Cream of Rice Creamy Bananas Danish Dinner Roll English Muffin Frosted Flakes GF Blueberry Muffin GF Double Chocolate Muffin Gluten Pree Bim Jelly Donut Jelly Donut Jelly Donut Jelly Donut Jelly Charms Naan Jelly														
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Danish Dinner Roll English Muffin Frosted Flakes GF Blueberry Muffin GF Double Chocolate Muffin GF Dou														
Dinner Roll English Muffin Frosted Flakes GF Blueberry Muffin GG bouble Chocolate Muffin GG bouble Cho														
English Muffin Frosted Flakes Flate	Danish			•	•			•						
Froste Plakes GF Blueberry Muffin GF Double Chocolate Muffin Gluten Free Bun Jelly Donut Kaiser Roll Lucky Charms Naan Oatmeal Pita Bread Pureed Corn Flakes Pureed Raisin Bran Rice Krispies Rye Bread Upma Wheat Bread White Bread SOUPS SOUPS	Dinner Roll							•						
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GF Double Chocolate Muffin Gluten Free Bun	GF Blueberry Muffin				•						•			
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Jelly Donut														
Kaiser Roll Lucky Charms Naan Oatmeal Pita Bread Pureed Corn Flakes Pureed Raisin Bran Rice Krispies Rye Bread Upma Wheat Bread White Bread White Bread White Bread White Bread White Bread White Bread SOUPS Beef Broth Chicken Broth Chicken Broth Chicken Noodle Soup Tormato Soup Kosher Chicken Broth Lentil Soup Soup Soup Soup Soup Soup Soup Soup								-			_			
Lucky Charms Naan Image: Charms of the content of the				_							_			
Naan					_			_		-				
Oatmeal					_					_				
Pita Bread				•	•			•						
Pureed Corn Flakes										_				
Pureed Raisin Bran Image: Common Strain										•				
Rice Krispies				•				•		•				
Rye Bread Image: Company of the com				•				•		•				
Upma Image: Comparison of the comparison of	Rice Krispies													
Wheat Bread Image: Company of the company	Rye Bread													
White Bread Image: Company of the company	Upma										•			•
SOUPS Beef Broth Image: Control of the control of	Wheat Bread													
Beef Broth Chicken Broth Chicken Noodle Soup Cream of Potato Soup Kosher Chicken Broth Lentil Soup Tomato Soup Vegetable Broth SALAD AND SANDWICH American Cheese Chef's Salad Chicken Salad Chicken Salad Chicken Salad Crilled Cheese Grilled Chicken Caesar Salad	White Bread													
Beef Broth Chicken Broth Chicken Noodle Soup Cream of Potato Soup Kosher Chicken Broth Lentil Soup Tomato Soup Vegetable Broth SALAD AND SANDWICH American Cheese Chef's Salad Chicken Salad Chicken Salad Chicken Salad Crilled Cheese Grilled Chicken Caesar Salad														
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Cream of Potato Soup Kosher Chicken Broth Lentil Soup Tomato Soup Vegetable Broth SALAD AND SANDWICH American Cheese Chef's Salad Chicken Salad Chicken Salad Grilled Cheese Grilled Chicken Caesar Salad					_				_					
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Tomato Soup Vegetable Broth SALAD AND SANDWICH American Cheese Chef's Salad Chicken Salad Egg Salad Grilled Cheese Grilled Chicken Caesar Salad								_						
Vegetable Broth SALAD AND SANDWICH American Cheese Chef's Salad Chicken Salad Egg Salad Filled Cheese Grilled Chicken Caesar Salad														•
SALAD AND SANDWICH American Cheese Chef's Salad Chicken Salad Chicken Salad Figg Salad Figled Cheese Grilled Cheese Figled Chicken Caesar Salad	_			•				•	_	•				
American Cheese Chef's Salad Chicken Salad Chicken Salad Figg Salad Grilled Cheese Grilled Chicken Caesar Salad														
Chef's Salad Chicken Salad Egg Salad Grilled Cheese Grilled Chicken Caesar Salad														
Chicken Salad Egg Salad Grilled Cheese Grilled Chicken Caesar Salad				•				•						
Egg Salad Grilled Cheese Grilled Chicken Caesar Salad								•						•
Grilled Cheese Grilled Chicken Caesar Salad Grilled Chicken Caesar Salad	Chicken Salad							•						
Grilled Cheese Grilled Chicken Caesar Salad Grilled Chicken Caesar Salad	Egg Salad													
Grilled Chicken Caesar Salad														
OTHICL VCECIANICA	Grilled Vegetables													



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Key: ■ Menu item contains allergen	Decemb		Daim	F		COMMO				Oit		O-di-	Outra
SALAD AND SANDWICH	Peanut	Tree Nut	Dairy	Egg	Fish	Shellfish	Soy	Wheat	Gluten	Citrus	Mushroom	Garlic	Onion
			_				-						
Hot Veggie Grinder			•				•	-	•	_			•
Hummus			_				•			•			
Mozzarella Cheese Balls			_										
Parmesan Cheese			•										
Provolone Cheese			•				•						
Roast Beef												_	
Shrimp and Macaroni Salad				•			•	-	•	_		•	•
Southwest Bean Salad													•
Swiss Cheese			•										
Tuna Salad					•								
Turkey													
SAUCES AND GRAVIES													
Beef Gravy								•					
Cheese Sauce													
Marinara Sauce													
Meat Sauce													
Mushroom Gravy													
Poultry Gravy							-						
ENTREES													
Baked Chicken Thigh (no gravy) Halal													
Barbeque Chicken												•	
Beef Puree				_									
Beef Stew							_		•				
Black Beans over Rice											•		
			_				•		_				
Crispy Baked Chicken Thigh			•		_				•				•
Broiled Salmon			_		•				_				
Buttermilk Pancakes			•				•	-	•				
SW BBQ Ground Beef													
Cheesy Shells			•				•		•				•
Chole												•	•
Cinnamon French Toast			•				•	-	•				
Curried Cauliflower													•
Curried Peas & Potatoes													•
Dinosaur Chicken Nuggets			•					•				•	
Egg Whites													
Eggbeater Omelet													
Eggplant & Potato Curry													
Eggplant Parmigiana													
Fiesta Chicken												•	
GF Cheese Lasagna													
Grilled Chicken Breast													
Grilled Portabella Mushroom													
Halal Beef Stew												•	
Halal Chicken & Black Bean													
Halal Chicken Mediterranean												-	
Hamburger Patty (no bun)										-			
													-
Hard Boiled Egg Herbed Salmon			_		_					_			
			-		•					•			
Hot Roast Beef (no gravy)													•
Jodhpur Lentils		•											
Kale Burger Patty (no bun)													•
Kosher Beef Pot Roast				•			•	•	•			•	•
Kosher Beef Puree									•				
Kosher Chicken Puree Meal													
Kosher Eggplant Parmesan Meal			•					•	•				•
Kosher French Toast													
Kosher Honey Roast Chicken								•					
Kosher Omelet			•					•	•				
Kosher Salmon								•					

Kosher Veal
Lasagna Marinara



Key:						COMMO	N ALL	ERGENS	5				
■ Menu item contains allergen	Peanut	Tree Nut	Dairy	Egg	Fish	Shellfish	Soy	Wheat	Gluten	Citrus	Mushroom	Garlic	Onio
ENTREES													
ow Cholesterol Eggs													
Mac & Cheese (Saturday Special)			•						•				
Meatballs			•										
Meatloaf (no gravy)													
Omelet													
Palak ka Saag													
Palak Paneer													
Paneer Butter Masala												•	
Pasta Shells (no sauce)													
Penne & Grilled Veggies/Feta													
Penne Pasta (no sauce)													
Penne Pasta with Meat Sauce												•	
Pepper Steak													
Personal Pizza												_	
Pureed Kosher French Toast				_				-				_	•
			_				•						_
Pureed Beef Lasagna			•	-			•		•		_	-	
Pureed Beef and Vegetables			•				•	-	•		•		
Pureed Cheese Pizza			-				•	_	-				
Pureed Chicken and Broccoli			•				•		•				•
Pureed Chicken & Vegetables			•	•			•		•		•	•	•
Pureed Chicken A'la Orange			•				•		•				•
Pureed Fish					•		•						•
Pureed Mac & Cheese			•	•					•			•	
Pureed Roast Beef & Cheese			•				•		•				•
Pureed Roast Chicken													
Pureed Waffle			•				•						
Salisbury Steak													
Scrambled Eggs													
Smucker's Uncrustables PB&J													
Sweet and Sour Meatballs													
Jmami Chicken and Vegetables													
SIDES													
Baby Carrots													
Bacon													
Baked Potato Chips													
Baked Sweet Potato													
Black Beans												_	
Broccoli							_						_
Corn													
									_				
Egg Noodles Green Beans				-			•	-	•				
			_										
Mashed Potatoes			•										
Mashed Sweet Potatoes			-				•						
Oven Browned Potatoes													
Potato Wedges							•						
Pretzels								_	-				
Rice (white & brown)													
Samosas								•	•				
Turkey Sausage												•	
Yellow Rice												•	
DESSERTS													
Brownie							•						
Chocolate Chunk Cookie			•	•				•					
Chocolate Ice Cream													
Chocolate Pudding			•										
Citrus Gelatin										_			
Diet Chocolate Ice Cream													



Key:						COMMC	N ALL	ERGENS	5				
Menu item contains allergen	Peanut	Tree Nut	Dairy	Egg	Fish	Shellfish	Soy	Wheat	Gluten	Citrus	Mushroom	Garlic	Onion
DESSERTS													
Diet Chocolate Pudding			_										
Diet Strawberry Gelatin													
Diet Vanilla Ice Cream													
Diet Vanilla Pudding													
Gluten Free Snickerdoodle				•									
Graham Crackers													
Mango Italian Ice										•			
No Sugar Added Cheesecake			•	•									
No Sugar Added Chocolate Pie			-										
No Sugar Added Lemon Custard				•						•			
No Sugar Added Lemon Ice													
Orange Gelatin										_			
Rice Pudding													
Salted Caramel Cheesecake													
Pound Cake								-					
Vanilla Ice Cream				-			_	-	•				
			•	_									
Vanilla Pudding BEVERAGES			_	•									
Apple Juice (regular & thick)			_										
Chocolate Milk			•										
Pepsi													
Cranberry Juice (regular & thick)													
Diet Pepsi													
Diet Cranberry Juice													
Diet Ginger Ale													
Diet Hot Chocolate			•					-	•				
Ginger Ale													
Hot Chocolate			•										
Lactaid Milk			•										
Lemonade										•			
Milk (whole, 2%, skim & thick)			•										
Orange Juice (regular & thick)										•			
Prune Juice													
Soy Milk							•						
Thickened Iced Tea													
Thickened SF Mango Drink								•	•				
Thickened Water													
Unsweetened Iced Tea													
V8 Juice													
CONDIMENTS													
Balsamic Glaze													
Butter													
Caesar Dressing				•						•			
Cream Cheese													
Creamer			•										
Croutons							_						
Diet Jelly			_						_				_
Diet Pancake Syrup													
Equal, Splenda, Sweet n Low													
Fat Free French Dressing				•									
Fat Free Italian Dressing				-								-	-
							•					-	-
Fat Free Raspberry Vinaigrette				_			_					-	-
French Dressing				-			•					•	•
Grape Jelly			_										
Half & Half			•										
Honey													
Honey Mustard Dressing				_			•						•
Italian Dressing				•			•						•
Ketchup													•
Margarine			•				•						



Key:	COMMON ALLERGENS													
Menu item contains allergen	Peanut	Tree Nut	Dairy	Egg	Fish	Shellfish	Soy	Wheat	Gluten	Citrus	Mushroom	Garlic	Onion	
CONDIMENTS														
Mayonnaise (regular & light)				•			•							
Mrs. Dash													•	
Mustard													•	
Oil & Red Wine Vinegar														
Pancake Syrup														
Peanut Butter														
Ranch Dressing			•	•									•	
Strawberry Jelly														
Sugar (brown & regular)														
Tabasco Sauce														