



Center for Integrated Palliative Medicine

732-268-8470

Meridian Care Journey is a comprehensive palliative care program offered to patients in Monmouth and Ocean counties. This program has four components to address the needs of patients, no matter where they are receiving care within the Hackensack Meridian *Health* network: hospital, nursing and rehabilitation centers, home care or at a physician practice.

■ **Inpatient Palliative Care Consultation:**

Our inpatient palliative care consultation program is offered at seven hospitals.

■ **Outpatient Palliative Care Consultation:**

At five Hackensack Meridian *Health* Nursing & Rehabilitation facilities, a palliative care referral-based outpatient consultation program is offered.

■ **Home-based Palliative Care Program**

A home-based service that offers nursing, social work and spiritual visits for support of patients and their families.

■ **Outpatient Practices**

Center for Integrated Palliative Medicine is an outpatient program for patients dealing with a serious illness.

Locations

The Center for Integrated Palliative Medicine is offered at the following locations in Monmouth and Ocean counties:

Red Bank

Riverview Medical Center
Jane Booker Building, 2nd Floor
1 Riverview Plaza
Red Bank, NJ 07701

Brick

Brick Professional Center
1610 Route 88, Suite 203
Brick, NJ 08724

Manahawkin

Southern Ocean Medical Center
1140 Route 72 West, Suite 306A
Manahawkin, NJ 08050

Phone: 732-268-8470

Fax: 732-268-8459

Call **732-202-8071** for more information about any of our other Palliative Care Programs, visit MeridianCareJourney.com.



Hackensack
Meridian *Health*



Hackensack
Meridian *Health*

About the Program

Our mission at the Center for Integrated Palliative Medicine (CIPM) practice is to provide support, symptom management and encouragement for individuals dealing with a serious illness. The CIPM team seeks to improve the quality of life for you and your loved ones by offering a team approach to dealing with the physical symptoms and emotional stress of a serious illness. Our outpatient practice makes available services that have typically been reserved for an inpatient setting in a hospital or rehabilitation facility.

The focus of our approach is not solely on the patient. Our practice serves as a bridge linking communication between you and your other health care providers. The CIPM team is accessible for your family and caregivers for support and education. We create a comfortable environment where the varied needs of individuals can be successfully met.

Our fully integrated care coordination program is tailored to meet your individual needs and improve your quality of life. We take care in acknowledging the different physical, psychological, social, spiritual and cultural needs of every patient.



Hackensack
Meridian Health

MeridianCareJourney.com

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Our Professional Staff

We have a multidisciplinary team of experienced professionals to support and coordinate the individual needs of our patients. The team consists of:

- Physicians
- Nurse practitioners
- Nurses
- Social workers
- Chaplains

Our Goals and Mission

- **To help manage and control symptoms**
Pain, shortness of breath, difficulty sleeping, nausea, loss of appetite, etc.
- **Offer resources and education**
Insurance assistance, financial issues, home care, support groups, transportation, etc.
- **Provide emotional support**
Assist with feelings of anger, sadness, frustration, fear, loneliness, etc.
- **Advance care planning**
Education and assistance with Advance Directives, Living Will, POLST, etc.
- **Encourage quality of life**
Advocacy, involvement, communication, education

We welcome you to our practice and look forward to accompanying you on your journey to a better quality of life.

Team/Services

The services provided at the CIPM practice are appropriate at any age and at any stage in a serious illness, from diagnosis moving forward. Palliative care can benefit patients dealing with, but not limited to, cancer, heart disease, lung disease, kidney failure, liver failure, stroke, Parkinson's, multiple sclerosis, ALS and dementia. These are often illnesses accompanied by aggressive treatment options, frequent visits to the emergency room, numerous medications, and a tremendous amount of stress.

By adding palliative care to an individual's care plan, the team can assist the patient with the navigation of the ever-changing and complicated health care system.

Referral/Insurance

Though we work closely with your other physicians, CIPM does not require a physician referral unless required by your insurance. We accept most major insurance plans.